

**For Immediate Release**

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**Good Tymes Had By All:**

## Canadian Horse Wins TheraPlate Peak Performance Award



**Wellington, FL (March 25, 2016)**—Dressage Olympian Evi Strasser, owner of Good Tyme Stables in Ste-Adele, Québec, Canada, is having a good time while competing with her horses, Rigaudon Tyme, Super Tyme, and Renaissance Tyme at the 2016 Adequan Global Dressage Festival. With horses as physically fit as hers, it's not difficult to be able to enjoy the demands of high-level international competition. It was the fitness level of Rigaudon Tyme that especially stood out to TheraPlate Revolution Therapy Platforms, who awarded Strasser's Oldenburg gelding with the TheraPlate Peak Performance Award.

Strasser's experience as a trainer, competitor, and clinician serves her well during the training of her three Oldenburgs. Bred in Germany by Heide-Marie Merkhoffer, the 12-year-old bay has just started training at Grand Prix level and is currently competing in the Prix St. Georges. Rigaudon Tyme has shown at the Adequan Global Dressage Festival in Wellington, Florida since 2013 and also in Ontario, Canada; Saugerties, New York; and Devon, Pennsylvania.

Strasser's Grand Prix horse, Renaissance Tyme, is a 13-year-old who has been shown by Strasser since 2012 in Canada, the United States, Slovenia, Austria, and France. Super Tyme is a nine-year-old gelding who won the Prix St. Georges CDI1\* in January at the Adequan Global Dressage Festival. The German-bred Super Tyme was approved as a stallion in Vechta in 2009 and completed a solid 30-day stallion test at Schlieckau with an 8.28 in dressage. He has been ridden by Strasser since 2010. All three horses show exceptional fitness, which TheraPlate, the Official Therapy Platform of the United States Equestrian Federation (USEF), was happy to recognize.

"We work a lot on fitness, basic work, and lots of walking so that they will stay fit and sound. You have to have fitness. If you don't have fitness, it doesn't work at all," Strasser explained.

While in Wellington for the Adequan Global Dressage Festival, Strasser's horses use the TheraPlate that is stationed at the Palm Beach Equine Sports Complex. "I love TheraPlate," Strasser said. Regular use of the TheraPlate platform increases circulation, muscle mass, bone density, and

strength; reduces swelling and inflammation; and encourages rapid healing. Hopping on the TheraPlate platform regularly can drastically improve horses' fitness levels over time.

Strasser began riding dressage at only five years of age and then got her first horse at age 11. She eventually immigrated to Canada in 1988 from Germany and become a Canadian citizen in 1994. She and her Hanoverian mare, Lavinia, were chosen for Team Canada in 1994, and she has had many successes for her new home country since. A highlight of her career came in 2003 when Strasser shone as a member of the Silver-medal winning Team Canada at the Pan American Games.

TheraPlate was happy to honor this rider's dedication to physical fitness with her horses. TheraPlate is a tool used by top professionals of all equestrian disciplines. The company is a sponsor of the 2016 Adequan Global Dressage Festival, a prestigious show series that attracts top dressage competitors from around the world. The TheraPlate Peak Performance Award honors those horses that exemplify soundness, strength, and performance— all qualities that the popular TheraPlate platforms help to achieve.

For more information about TheraPlate's revolutionary therapy platforms, visit [www.theraplate.com](http://www.theraplate.com) or call (800) 920-3685.

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Photo: Evi Strasser and Rigaudon Tyme win the TheraPlate Peak Performance Award at the Adequan Global Dressage Festival (Photo courtesy of JRPR— no photo credit necessary)



Photo 2: Theraplate Peak Performance Award winner, Evi Strasser and Rigaudon Tyme, compete at the Adequan Global Dressage Festival (photo courtesy of JRPR—no photo credit necessary).